

XT10/20 XTRAINER

INSTITUTIONAL/CLUB SERIES

XTrainer



PROGRAMS	ADVANCED FEATURES
Random	270° Rotational handles
Cardio HRC	Fingertip resistance control
Weight Loss HRC	Easy access step-through design
Conditioning	Comfortable reclining seatback
Advanced Conditioning	Oversized water bottle holder
Manual	PERFORMANCE FEATURES
Quick Start	Independent upper and lower body
FEEDBACK OPTIONS	20 levels of resistance
Calories	HEARTRATE TOOLS
Distance	Personal CardioAdvisor™
Time	Telemetry Heart Rate, HRC
Speed	WEIGHT
Calories per hour	343 lbs.
Mets	DIMENSIONS
Watts	83" x 33" x 56"
Leg RPM	HOME WARRANTY
Arm RPM	Lifetime mechanical parts
Heart Rate (actual)	5 years electronics
Target Heart Rates	1 year labor
Resistance Levels	COMMERCIAL WARRANTY
DISPLAY FEATURES	Lifetime frame
Tri-color dot matrix	3 years parts
	1 year labor

KEY FEATURES

Tri-color dot matrix display with multiple program options

Rotational handles allow a variety of different training angles and movements while eliminating wrist stress

Fingertip control buttons on the handles allow quick and easy resistance changes to upper and/or lower body components

Lower body resistance is independent of upper body resistance, allowing users to receive more effective training results



XTrainer features an easy to use tri-color dot matrix display featuring professionally designed programs. This visually stimulating display features Personal CardioAdvisor™ and multiple feedback options.