

## E870 ELLIPTICAL

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PROGRAMS	ADVANCED FEATURES
Manual	Dual-action total body motion
Interval	Shift on-the-fly fingertip controls
Fat Burn	MyFlex™ cushioning system
Random	SweatProtect™ shrouding
Plateau	ActivZone™
Vari-Stride	STRIDE LENGTH
Workout	17" - 29" electronically adjustable
Weight Loss HRC	DISPLAY
Cardio HRC	Tri-color dot matrix
Custom HR	Numeric keypad
FEEDBACK	Integrated fan
% goal completed	PERFORMANCE FEATURES
Distance	20 levels of resistance
Time	HEART RATE TOOLS
RPM	CardioAdvisor™
Speed	Custom HR
Watts	WARRANTY
METS	Lifetime frame
Workout Level	3 years parts
Calories	1 year labor
Calories per hour	

## KEY FEATURES

Tri-color dot matrix display with advanced programming

17"-29" electronically adjustable stride length allows the user to find the stride that fits their body and workout style

Vari-Stride™ programs slowly increases stride length for greater calorie burn and works multiple muscle groups in one session

Dual-action motion provides a total body workout

MyFlex™ pedal cushioning system provides a comfortable workout platform



The E870 features an easy to operate dot matrix display with bright LED readouts. A numeric keypad makes entering workout data simple.